



Virginia Department of
Behavioral Health &
Developmental Services

DBHDS Update

Special Joint Subcommittee to Consult on the Plan
to Close State Training Centers
July 8, 2019

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Commissioner
Department of Behavioral Health and
Developmental Services



Remaining CVTC Residents & Plans For Discharge

Budget Item 310: CVTC Resident Update

- *M4. The Department of Behavioral Health and Developmental Services shall provide a report to the Joint Subcommittee regarding all remaining residents at Central Virginia Training Center...The report shall provide data that provides details on the needs of those individuals that remain and what services they would need in the community. The department shall also provide data regarding the number of behavioral specialists in the Commonwealth available to meet the needs of individuals with developmental disabilities in Virginia's waiver program and an update on the overall crisis system for children and adults with developmental disabilities, including data regarding the need for these services, current services available, and outcomes for those using the current system.*

Training Center Closure Information

- In June 2011 the 5 Training Center Census was 1084
- As of July 3, 2019 the current census is **116** an 89% reduction

Training Center	Beginning Census	Current Census	Census Reduction	% of Reduction
Total	1084	116	968	89%
CVTC	381	45	336	88%
NVTC	157	0	157	100%
SEVTC	123	71	53	43%
SVTC	242	0	242	100%
SWVTC	181	0	181	100%

- CVTC is scheduled to close by June 2020
- SEVTC will remain open with the capacity to serve 75 individuals

Types of Homes Chosen from all Training Centers October 1, 2011 – July 3, 2019

Type	Number
Leased Apartment	1
Family Home	4
Sponsored	54
Supervised Living	1
Waiver group home 4 beds or less	339
Group Home w/o Waiver 4 bed	2
Waiver group home 5 beds or more	271
Group Home w/o Waiver 5+ bed	1
ICF* Community	92
ICF* Transferred to Another TC	28
Interstate Transfer	5
Nursing Facility/External	5
Nursing Facility HDMC	26
Hospital/Hospice Care	1
Total	830

* ICF = Intermediate Care Facility

Projected Discharges Through September

Training Center	Projected Discharges Through September 2019	Home Type		
		4 or less	5 or more	ICF
CVTC	4	2	1	1
SEVTC	2	1	1	0
Total	6	3	2	1

CVTC Updates

70% of the 268 individuals who discharged from CVTC returned to their home region:

- In Home Region - 191
- Out of Home Region -77

45 Individuals remain at CVTC:

- Individuals have identified homes - 15
- Additional individuals have providers ready to support them and families are making final decisions - 9
- Individuals are proposed to be served through the Public/Private partnership - 12
- Individuals will receive support for making informed decisions - 9

Census is expected to reach:

- 41 by September 30, 2019
- 0 by June 30, 2020

Summary of CVTC Census and Provider Capacity Status

Central Virginia Training Center as of 7/3/19	
Closure: 2020	
Current Census	45
Providers currently available	9
Available beds	9
Providers in development	6
Number of beds in development	52
Total number of beds that will be available by 12/2019	61

CVTC Individuals Support Needs

Support Needs for Individuals Who Remain at CVTC as of 7/3/19		Bed Capacity for Existing Providers and Providers in Development as of 7/3/19	
Individuals who require Behavioral Supports	13	Provider beds available/in development	16
Individuals who require Medical Supports	14	Provider beds available/in development	22
Individuals who require both Behavioral and Medical Supports	12	Provider beds available/in development	16
No specialized support needs	6	Provider beds available/in development	7
Total	45	Total	61



Overview & Current Status of PPEA Proposals Related to CVTC

Budget Item 310: PPEA Status Update

- *M3. The Department of Behavioral Health and Developmental Services shall provide an update to the Special Joint Subcommittee..., regarding any Public-Private Partnerships for CVTC that may allow continued operation in some form, whether such proposal has been officially proposed or not. The Commissioner...shall provide all information and analysis related to any proposals received under the Public-Private Education Facility and Infrastructure Act to the Joint Subcommittee.*

Overview of PPEA Process

- Unsolicited PPEA projects have two phases
- Phase 1 (conceptual phase) proposes an idea which can be accepted and competed or not accepted
- To advance from Phase 1, Cabinet approval is required in writing. The specific course of action is provided at this time.
- Phase 2 (detailed phase) identifies financing, design and construction details, performance criteria and relative assumptions
- Prior to entering into negotiations, the agency must receive recommendations from the PPEA Advisory Commission per §30-278

CVTC PPEA Update

- 2018 General Assembly authorized DBHDS to receive unsolicited proposals and to solicit proposals under the PPEA to partner with a 501(c)3 to provide the necessary level of care for residents of CVTC
- Horizon Opportunities Inc (501(c)3) submitted an unsolicited proposal to DBHDS in the fall of 2018
- The proposal seeks to partner with Horizon Behavioral Health, the Community Services Board serving counties of Amherst, Appomattox, Bedford, Campbell, and the city of Lynchburg
- DBHDS accepted the conceptual (Phase 1) proposal Jan 3, 2019
 - Solicitation for competing proposals closed on Feb 22
 - No competing proposals were received
 - April 22, 2019 date DBHDS received permission to move to detailed stage (Phase 2)
 - Detailed proposal received June 19, 2019
 - DBHDS Phase 2 review committee meeting July 18

Overview of Horizon PPEA Proposals

Phase 1 Proposal

- Lease five buildings known as “Lower Rapidan” on CVTC campus
- ICF for up to 12 individuals from CVTC
- Residential substance use disorder treatment, ambulatory services, intensive outpatient, and case management services
- Maintain cemetery grounds on property



Detailed Phase 2 Proposal

- Lease two buildings in Lower Rapidan, buildings 11 and 12
- Building 12 as an ICF for up to 12 individuals from CVTC
- Building 11 for 8-bed children’s residential crisis stabilization unit (CSU)

Additional Phase 2 Details

- Horizon leases two buildings for \$1/year
- Building 11: Children's Residential CSU
 - Supports Region 1 CSBs, not just Horizon Behavioral Health
 - One bed privately insured, 7 beds funded by DBHDS
- Building 12: ICF
 - Up to 12 individuals from CVTC
 - Medicaid reimbursement will cover cost of operation and maintenance
- Renovations:
 - DBHDS to complete and fund renovations

Phase 2 Proposal: Suggested Renovations

- Building 11: DBHDS funds renovations to commercial kitchen and IT infrastructure
 - Horizon estimate \$66,280
- Building 12: Renovations covered through Medicaid reimbursement
- Other campus renovations:
 - DBHDS to replace 400 ton chillers with 200 ton chiller
 - Horizon estimate \$1.2M
 - DBHDS responsible for all maintenance of buildings, grounds, and utilities
 - DBHDS preliminary estimate 5 year cost of \$727,000

PPEA Next Steps

- DBHDS will evaluate the Detailed/Phase 2 submission and determine whether to move forward:
 - Option 1: Accept proposal
 - Option 2: Enter negotiations
 - Option 3: Reject proposal
- If Option 1 or 2 selected, the detailed proposal is submitted to Public-Private Partnership Advisory Commission
- Upon receiving recommendations from the Commission, DBHDS may commence negotiations for an interim or comprehensive agreement



Future Use of CVTC Site After Closure

Central Virginia Training Center



CVTC Campus

- 378-acre site with 47 buildings
 - Buildings from 1910 – 1986
 - Majority abandoned
- Assume all buildings have asbestos requiring abatement
 - Some buildings so fragile, cannot be abated, must move structure to a certified landfill
- Bonds
 - Balance is \$25,101,227 as of June 30, 2019

Environmental Assessment

Appropriations:

- FY18: \$260,000 – Environmental Site Assessment
- FY19: \$250,000 Special Funds – PPEA

Phase 1 Information (July 2017):

- Environmentally relevant findings at CVTC: 38
- Findings determined to be recommendations (RECs): 23
- RECs categorized into high, medium, and low priority based on risk: 23

Phase 2 Information (October 2017):

- Triage approach to assessment
- Characterized 19 high and medium risk RECs
- Determined that no further action was appropriate for 12 of the 19 RECs
- Recommended additional groundwater sampling and characterization of landfill areas

Environmental Assessment Cont.

Phase 2 Supplemental (November 2018):

- Collected additional data at 9 RECs
- Sampled all new and existing groundwater monitoring wells
- Determined that no further action was appropriate for 2 of the 9 RECs
- Recommend enrolling CVTC into the DEQ's voluntary remediation program to remedy the 7 remaining RECs

Path Forward for Further Action:

- Complete VRP Enrollment (Dec 2018)
- Establish boundaries and limits of waste for all 4 landfill areas (Jan 2019)
- Collect surface soil samples and install soil gas sample points (Jan 2019)
- Complete groundwater monitoring well network at landfill areas (Feb 2019)
- Demolition of buildings 39 and 41 followed by shallow soil excavation (April 2019)
- Limited removal action of surficial debris and apply additional cap material to landfill areas as needed (Late 2019)



Overview of the Crisis System for People with Developmental Disabilities & Issues to Be Addressed

The Vision for Comprehensive Crisis

Develop an evidence-based, trauma-informed, cost-effective continuum of care

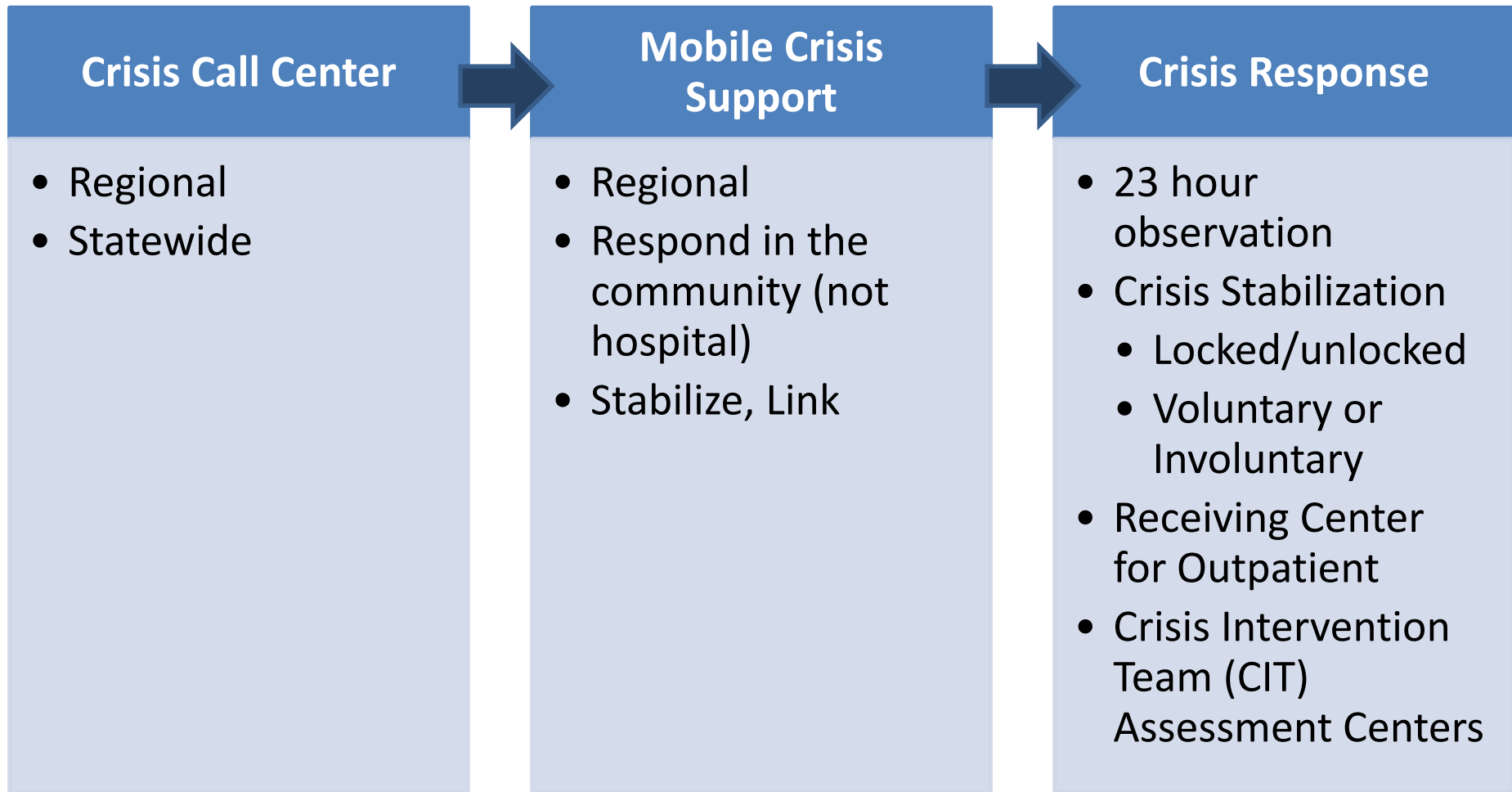
- Keep Virginians well and thriving in their communities
- Improve crisis services and outcomes
- Optimize taxpayer dollars by investing in crisis prevention and crisis early intervention of mental health problems and crises
- Meet people's needs in environments where they already seek support
- Recovery occurs best in the community surrounded by their natural supports

Why Comprehensive Crisis? Why Now?

- Best meets individual needs
 - Includes individuals new or unknown who have developmental disabilities
- Required by Dept. of Justice Settlement Agreement
- Key component of STEP-VA
- Will support potential Behavioral Health Redesign
- Help decrease hospital census

The Service Array

Develop an evidence-based, trauma-informed, cost-effective continuum of care



Behavior Specialists

- DBHDS is working in partnership with Virginia Association of Behavior Analysts and VCU Partnership for People with Disabilities to increase the number of providers available to serve individuals with developmental disabilities on the waivers
- There are 1109 Licensed Behavior Analysts and 1279 Licensed Assistant Behavior Analysts in Virginia
 - Assist individuals with behavior plans and supports under the waiver
- There are 74 Certified Positive Behavior Support (PBS) facilitators
 - Medicaid reimburses for PBS facilitator behavioral supports



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Update on the Commonwealth's Compliance with the DOJ Settlement Agreement

June 2019 Report to the Court

- Independent Reviewer's Fourteenth Report released June 14th 2019 and posted on the DBHDS website
 - <http://www.dbhds.virginia.gov/doj-settlement-agreement>
- Results from October 2018 through March 2019 studies
- Gained new compliance ratings in four additional provisions
 - Crisis (1), Case Management (1), Creating Waiver Slots (2)
- Continued to maintain compliance achieved in prior periods

14th Report to the Court

Statewide Crisis System

1

Gained new compliance rating based on using Crisis Stabilization Programs as a last resort. III.C.6.b.iii.B

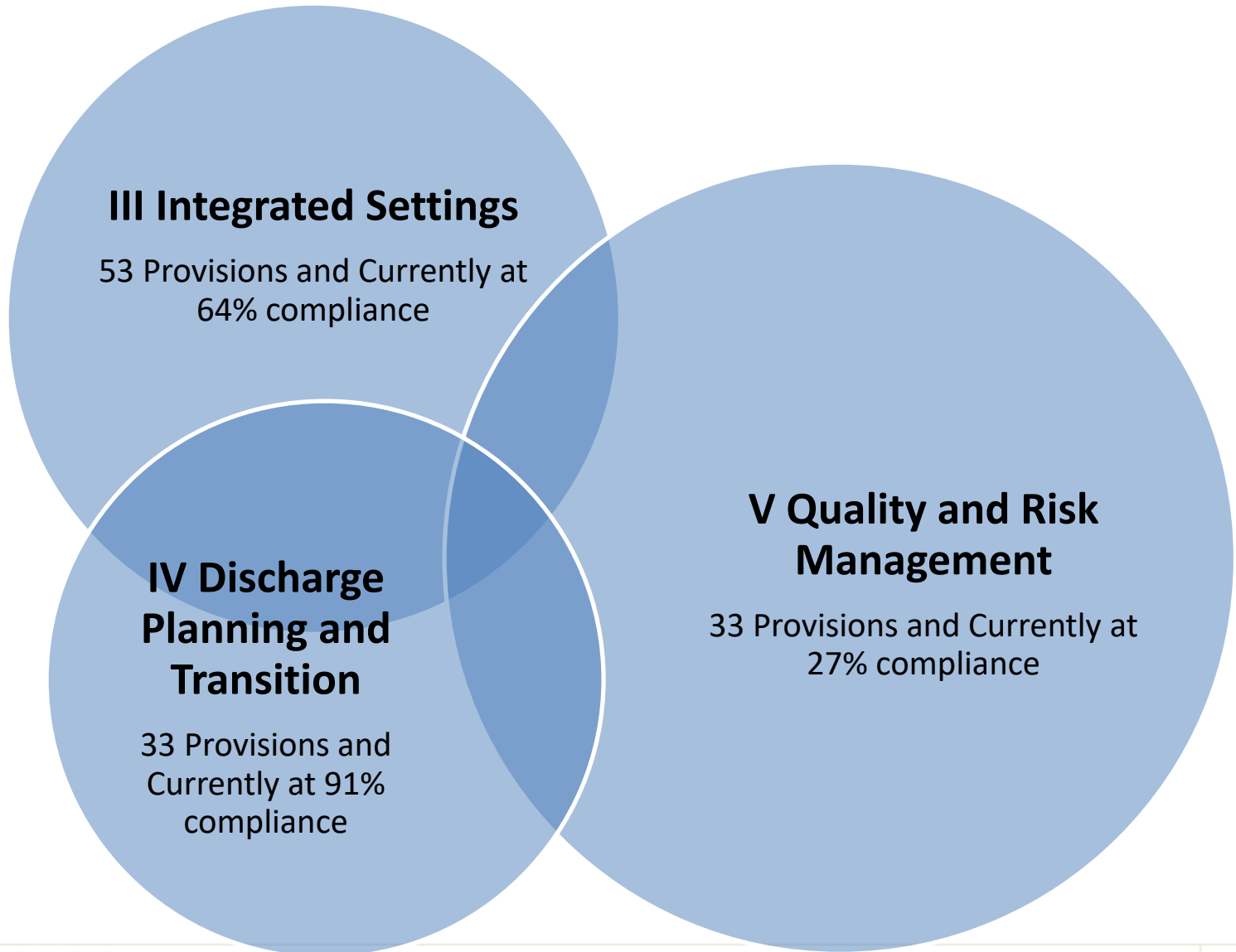
2

Teams attempted to resolve crises and avoid out-of-home placements

3

Independent Reviewer continues to report the Commonwealth does not have sufficient community based crisis stabilization service capacity in each Region

Current Compliance Ratings



Plan for Exiting the Settlement Agreement

- Negotiating Compliance Indicators with Department of Justice
- Case Management and Crisis Indicators have been agreed upon and submitted to the court
- Develop and Maintain a “Library” of sustainability documentation for provisions in compliance and non-compliance
- Compliance must be maintained for a full year for purposes of exiting the Settlement Agreement
- Independent Reviewer’s Report one year from now (June 2020) must identify compliance in all remaining (47)
- Progress over the past year: 7 provisions compliance ratings added within the last two reports
- Creating Waiver Slots, Crisis, Regional Support Teams, Case Management, and Investigation Process for Serious Incidents



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QUESTIONS?