# Virginia Department of Social Services people helping people

Child Care / Birth to Four in Virginia Presentation to the Joint Subcommittee on VPI October 7, 2015

#### TODAY WE WILL TALK ABOUT...

- Child Care Landscape
- Child Care Subsidy
- Improving Quality
- Professional Development
- Child Care & Development Block Grant Act of 2014
- Home Visiting





## **CHILD CARE LANDSCAPE**

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- Virginia Department of Social Services (VDSS)
  - Child care licensing
  - Child care subsidy
  - Quality improvement
  - Professional development for the child care workforce
  - Head Start State Collaboration Office





Young Children in Virginia	
Children birth – 4 years	511,268
Children birth – 4 years in poverty	89,900
Children age 5 - 11	729,388
Families in poverty	130,497
Children, 2-parent families, both parents in labor force	238,515
Children, single parent families, parent in labor force	155,464
Children under age 6 potentially needing child care	393,979
Source: Child Care in the State of Virginia, Child Care Aware of America, May 2015	





Child Care Providers in Virginia	Number	Capacity
Licensed Child Day Center	2,463	248,070
Licensed Child Day Center – short term camp	79	9,203
Religious Exempt Child Day Center	998	80,803
Certified Pre-School	7	655
Licensed Family Day Home	1,246	12,829
Voluntarily Registered Family Day Home	884	4,420
Licensed Family Day System	1	475
Subtotal in Licensing System	5,668	356,455
Other Subsidy Providers	1,247	Not Known
Total	6,915	
Source: VDSS Divisions of Licensing Programs and Child Care and Early Childhood	d Development	



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#### • Head Start/Early Head Start

- Not typically regarded as "child care," but another important option for low-income parents
- Promotes school readiness of young children from low-income families through agencies in the local community
- In addition to education services, programs provide children and their families with health, nutrition, social and other services
- No charge to family to participate
- 52 programs in Virginia serve about 16,600 children



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- Head Start Eligibility
  - Early Head Start: Pregnant women and children birth through 36 months
  - Head Start: 3 5 years old through Kindergarten entry
  - Income at or below Federal Poverty Level
  - Categorical eligibility: Eligible for public assistance, Homeless, Foster Care
- Apply at local program site



#### • Virginia Preschool Initiative (VPI)

- Another option for 4-year olds, offered by the Department of Education
- State- and locally-funded preschool program for children from low-income families
- No charge to family to participate
- Eligibility
  - 4 years old before September 30
  - Family meets eligibility guidelines
- Over 18,000 children in 118 school districts are expected to be served in 2015-16



## CHILD CARE SUBSIDY PROGRAM

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- Provides low-income families with financial assistance for child care
- Eligibility
  - Families must demonstrate need for child care to support employment, to support approved education/training, or receive Child Protective Services
  - Child under 13 years of age, Under 18 if physically or mentally incapable of caring for self
  - Income below 150 250% of Federal Poverty Level, depending upon locality
  - Child must be U.S. citizen or qualified alien
- Families apply through local department of social services or on-line through CommonHelp



## CHILD CARE SUBSIDY PROGRAM

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- Participation in FY 2015
  - 43,160 children
    - Infants (0 15 months) 2,924
    - Toddlers (16 23 months) 3,132
    - Preschool (24 60 months) 20,226
    - School Age (over 60 months) 16,878
  - 23,344 families
  - About 4,000 providers
- Average subsidy payment/child About \$460/month
- Some families have a copayment of 5 10% of monthly income
- 14,888 children on waiting list (10/1/15)



## **IMPROVING CHILD CARE QUALITY**

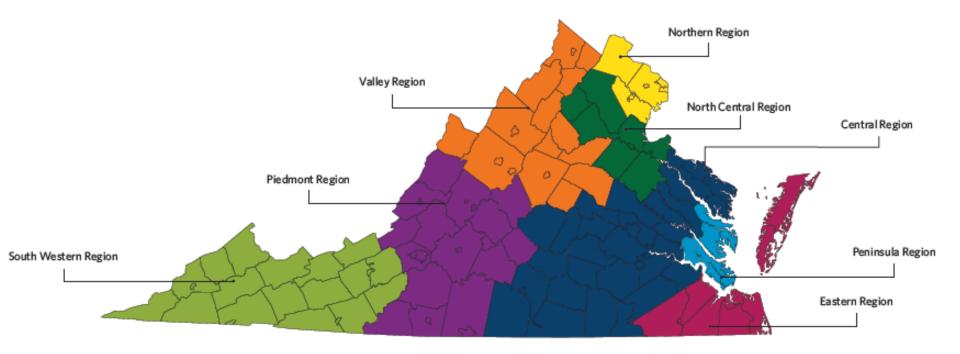
#### • Virginia Quality

- Voluntary Quality Rating and Improvement System
  - Define, measure and improve the level of quality in child care and preschool programs
  - Jointly administered by VDSS and VECF
- Goals
  - Help families identify high quality child care & preschool options
  - Assist child care and preschool programs in providing high quality early care & education
  - Recognize high quality programs for the services they provide
- Standards
  - Basic Health & Safety (Compliance with regulating authority)
  - Education & Qualifications
  - Curriculum & Assessments
  - Environment & Interactions
- 558 Participating programs
  - Center-based 465
  - Family day homes 93



#### **IMPROVING CHILD CARE QUALITY**

#### Virginia Quality – Implemented through 8 regions





## **IMPROVING CHILD CARE QUALITY**

- Infant & Toddler Specialist Network
  - Provides services to improve the education and skills of providers caring for infants and toddlers.
    - Statewide services, implemented by 8 regional offices
    - On-site consultation, mentoring, and support for programs using quality improvement plans
    - Training & technical assistance
    - Resources and linkages to professional development
- Project SEED Virginia (Social Emotional Education & Development)
  - Early childhood mental health focused training and coaching for providers caring for infants and toddlers.
    - Center on the Social and Emotional Foundations for Early Learning (CSEFEL) training
    - Ages and Stages Questionnaire training & coaching
    - Endorsement through VAIMH (Virginia Association of Infant Mental Health)
- Low Interest Loan Program Assists child care providers in meeting health and safety standards and implementing quality enhancements



- Child care training requirements vary
  - Licensed centers 16 annual hours
  - Licensed family day homes 16 annual hours
  - Subsidy providers 4 annual hours skills training, CPR, First Aid
  - Religious exempt centers 0 annual hours
  - Voluntarily Registered FDH 0 annual hours



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#### **Child Care Professional Development**



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- Child care training content is evidencebased and aligned with the following standards:
  - Milestones of Early Childhood Development
  - Competencies for Early Childhood Professionals
  - Trainer Qualifications
  - Technical Assistance Provider Qualifications
  - National CDA Credential
  - Community College EC Coursework



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- In addition to quality offerings, professional development includes
  - 54 online courses through CCWA
  - Other self-paced, distance learning opportunities
  - Endorsements in 5 areas that can be combined for Child Development Associate
  - Provider Scholarship Program 1,670 scholarships used in FY 2014



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- Professional Development Registry
  - Voluntary for child care providers, trainers, mentors, coaches
  - Tracks documented formal and informal education
  - Provides Professional Development Certificate with Career Pathways Level indicated
  - All PD housed in one secure, online location
  - Will link to qualified trainers/trainings



# **Child Care and Development Block Grant**

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- New federal Child Care and Development Block Grant Act signed into law in November 2014
- Law reauthorized the Child Care and Development Fund (CCDF) program for the first time in 18 years; In effect through 2020
- CCDF is the primary Federal funding source devoted to:
  - Providing low-income families that are working or participating in education and training with help paying for child care, and
  - Improving the quality of child care for all children
- Makes many changes and increases emphasis on health, safety and quality



#### **Family-Friendly Eligibility Policies**

- Establishes a **12-month eligibility re-determination period** for CCDF families with graduated phase-out
- Allows States the option to terminate assistance prior to redetermination if a parent loses employment, however assistance must be continued for at least 3 months to allow for job search



#### **Provider Requirements**

- States to establish **health and safety requirements** in 10 areas for providers participating in CCDF (e.g., building & physical premises safety, emergency preparedness planning, handling & storage of hazardous materials)
- Requires States to conduct inspections of licensed and license-exempt CCDF providers
- Providers must receive pre-service and ongoing training on these topics
- States to conduct **FBI fingerprint criminal background checks** for all child care staff
- Requires emergency preparedness planning and statewide disaster plans for child care



#### **Consumer and Provider Education**

- States must have a website describing processes for licensing/monitoring child care providers, processes for criminal background checks, offenses that prevent individuals from being providers, and inspection results
- A **hotline** for parents to report complaints must also be available



#### Improving the Quality of Care

- Phases-in increase in minimum quality set-aside from 4% to 9% over a 5-year period. In addition, requires States to spend minimum of 3% to improve the quality of care for infants and toddlers
- Requires States to spend quality funds on at least 1 of 10 specified quality activities, which include tiered quality rating systems and supporting statewide resource and referral services
- Requires establishment of professional development and training requirements with ongoing annual training and progression to improve knowledge and skills of CCDF providers



#### **Other Areas**

- Social-emotional health: Includes provisions on socialemotional health of children, including providing consumer and provider education about policies regarding expulsions of children from early care and education programs and developmental screenings for children at risk of cognitive or developmental delays
- Supply-building: States must develop strategies for increasing supply and quality of services for children in underserved areas, infants and toddlers, children with disabilities, and children in non-traditional hour care—which may include use of grants/contracts



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- A strategy for strengthening family functioning, improving maternal and child health, and promoting child development and school readiness
- Programs are well defined, based on best practice, and designed to improve early childhood outcomes
- May differ in:
  - target population (prenatal through child age 5 years)
  - the curriculum/activities used in the home setting
- Voluntary service delivery occurs in the family's home, reaching families in a comfortable and predictable environment



- The Home Visiting Consortium serves as an umbrella organization to coordinate home visiting services available through state and private agencies
- There are 7 home visiting programs in Virginia
  - CHIP of Virginia
  - Early Head Start
  - Healthy Families America
  - Healthy Start/Loving Steps
  - Nurse-Family Partnership
  - Parents As Teachers
  - Resource Mothers
- State funding for FY 2016 \$7.3 million



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## **Benefits of Home Visiting**

- Improves Family Health and Well-Being
  - Better birth outcomes
  - More efficient use of health care
  - Enhanced parent-child relationships
  - Prevention of child abuse and neglect
- Improves School Readiness and Success
  - Early detection of developmental delays
  - Better school performance
  - Fewer behavior problems
  - Reduced grade retention
- Improves Family functioning
  - Increased high school or GED completion
  - Greater rates of employment
- Reduces Costs
  - Returns of more than \$41,000 per family served



- 9,066 families served in 110 communities FY 2014
- Examples of CHIP of Virginia outcomes:
  - 44% fewer in-patient days compared to control
  - Half as many NICU days compared to control
  - 95.8% of children with primary care provider after 1 year of service (88.6%)
  - 50% increase in number of families with one or both parents employed after 1 year of service
- Virginia Home Visiting Consortium, laurel.aparicio@homevisitingva.com



#### Barbara A. Newlin, Director Division of Child Care and Early Childhood Development Virginia Department of Social Services <u>barbara.newlin@dss.virginia.gov</u> (804) 726-7398

