# Update on the Medicaid Innovation and Reform Commission

The Honorable R. Steven Landes November 20, 2013

## Genesis of Medicaid Innovation and Reform Commission

- Medicaid expansion became optional for states with the Supreme Court June 2012 ruling
  - State policy decision is required to elect whether or not to expand Medicaid under the ACA
  - States can opt out without jeopardizing federal funding for existing Medicaid programs
- The 2013 General Assembly adopted budget language to
  - Reform the existing Medicaid program and implement innovative service delivery prior to expanding eligibility for Medicaid
  - Establish a new legislative Medicaid Innovation and Reform Commission (MIRC)
    - Responsible for reviewing, recommending and approving reform proposals
    - Must determine if reforms are met prior to Medicaid expansion

# Medicaid Innovation and Reform Commission (MIRC)

- The MIRC has held three substantive meetings and one public hearing during 2013
  - June 17<sup>th</sup>
  - August 19th
  - October 15th public hearing
  - October 21st
- All presentation materials can be found on the MIRC website: http://mirc.virgiia.gov
- June 17 meeting
  - Organizational
  - Overview of the Medicaid program and financing
  - Goals of reform and reform phases to be implemented

#### Focus on Other States and Medicaid Expansion

- August 19<sup>th</sup> MIRC meeting
  - Brought in national expert on Medicaid programs
  - Examined cost estimates and assumptions related to Medicaid expansion in Virginia
- At least six other states are exploring options as they determine whether or not to expand Medicaid
  - Michigan, Ohio, Indiana, Arkansas, Iowa and Arizona
- Options include
  - Imposing personal responsibility requirements
  - Purchasing private insurance for enrollees
  - Requiring recipients to enrolled in managed care or
  - Tailoring coordinated/integrated care services to populations with chronic conditions

### National Trends in Reforming Medicaid

- October 21<sup>st</sup> MIRC meeting
  - Heard from several national experts on trends in Medicaid reform
  - Updated on the progress of Virginia Medicaid reforms
- National trends in reforming Medicaid include:
  - Expanding managed care
    - Goal is to bend the Medicaid cost curve, improve quality, ensure value and provide budget predictability
  - Testing of new payments models and delivery structures
    - Pay for performance
    - Patient centered medical homes
    - Risk sharing (accountable care organizations)
    - Full risk integrated networks (e.g., provider based systems, payer-led affiliation or health system)
  - Focusing on the patient as a consumer
    - More consumer choice
    - Customized benefit packages
    - Rewards/incentives for healthy behaviors
    - Incentives/options to move to private coverage

### Progress on Virginia Medicaid Reforms

- Medicaid managed care is now available statewide in Virginia through seven managed care plans
  - Nationally-accredited
  - Diverse practice models compete in the marketplace (physician owned, hospital owned, privately commercial owned)
  - Full risk arrangement
- Majority of Medicaid enrollees receive services through managed care plans (700,000 enrollees)
- Two newer populations will have care coordinated
  - Individuals dually eligible for Medicare and Medicaid
    - Demonstration project approved by federal government
  - Foster care children
- Behavioral health services changes underway
  - Stronger regulations to improve integrity and quality of care
  - Behavioral Health Services Administrator (Magellan) in December 2013

# Progress on Virginia Medicaid Reforms

- Phase 2 reforms are in process, but moving more slowly
  - Transition to commercial ("alternative") benefit
  - Cost sharing and wellness
  - Limited provider networks and medical homes
  - New payment/delivery model
  - Quality payment and incentives
- Phase 3 reforms that require DMAS to transition long-term care service recipients into managed or coordinated care are on a longer time horizon
  - Home and community-based waiver enrollees in managed care for medical needs
    - Target date of October 2014
  - All inclusive care for long-term care beneficiaries
    - Target date of July 2016
  - Statewide dual eligible coordinated care, including children
    - Target date of July 2018

#### **Private Options for Low-Income Adults**

- MIRC also heard from national experts about private options to provide health care coverage to uninsured, lowincome adults
  - Consider tailoring a program to meet Virginia's unique needs
  - Examine use of private coverage in lieu of Medicaid coverage
    - Choice of available health plans
  - Consider use of a contracted enrollment broker to facilitate consumer choice
  - Consider use of premium assistance and health savings accounts