

DBHDS

Virginia Department of
Behavioral Health and
Developmental Services

Virginia Center for Behavioral Rehabilitation

House Appropriations Committee
January 23, 2013

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DBHDS Deputy Commissioner

Virginia Center for Behavioral Rehabilitation (VCBR)

- VCBR is a secure facility for the treatment of sexually violent offenders civilly-committed for inpatient treatment.
- Treatment is intended to reduce the risk that SVPs will reoffend so that they can be more safely managed in the community once conditionally released.



Primary services at VCBR include:

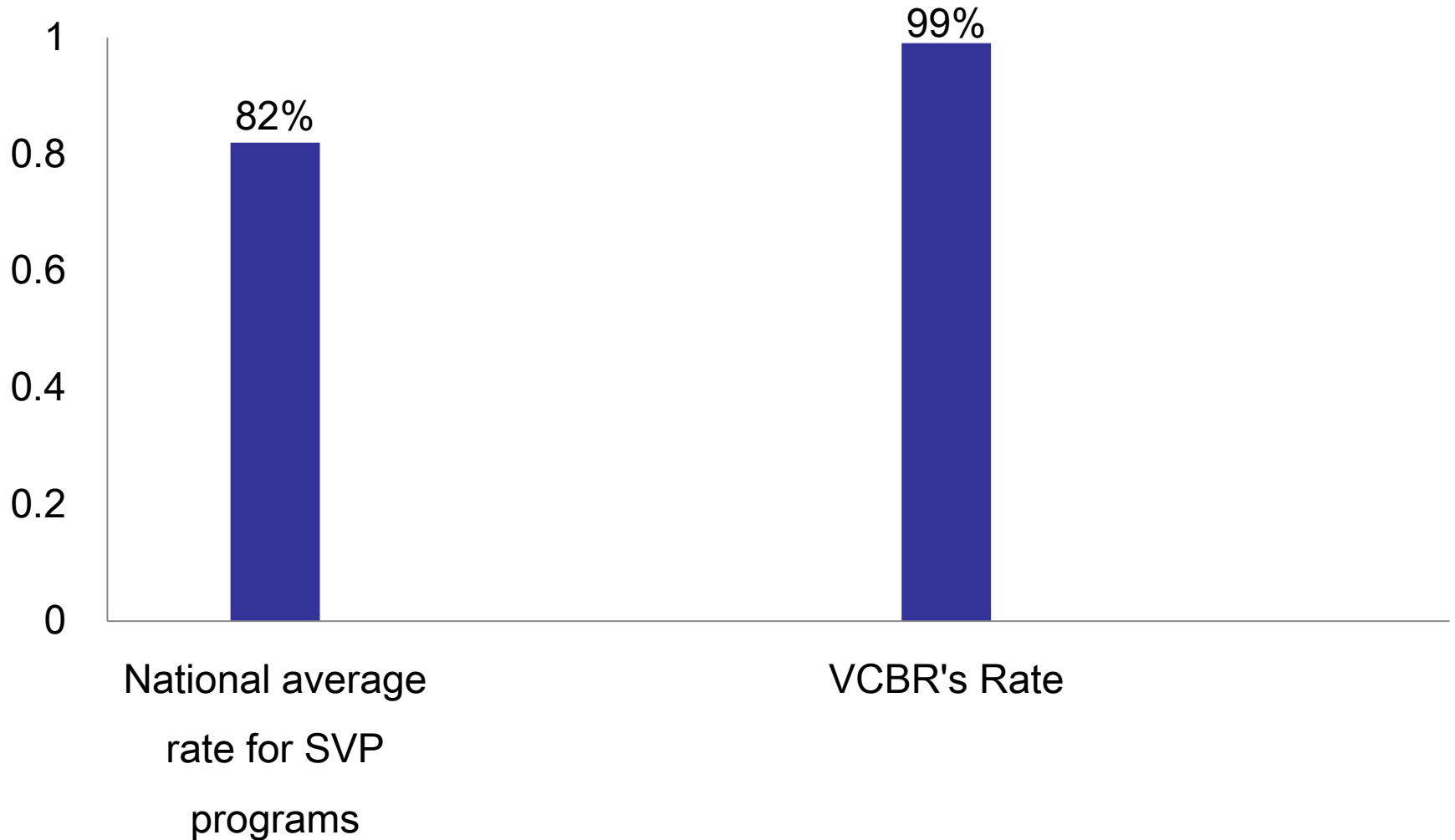
- Treatment and rehabilitation
- Security
- Medical Services
- Vocational and educational services

VCBR Treatment and Rehabilitation

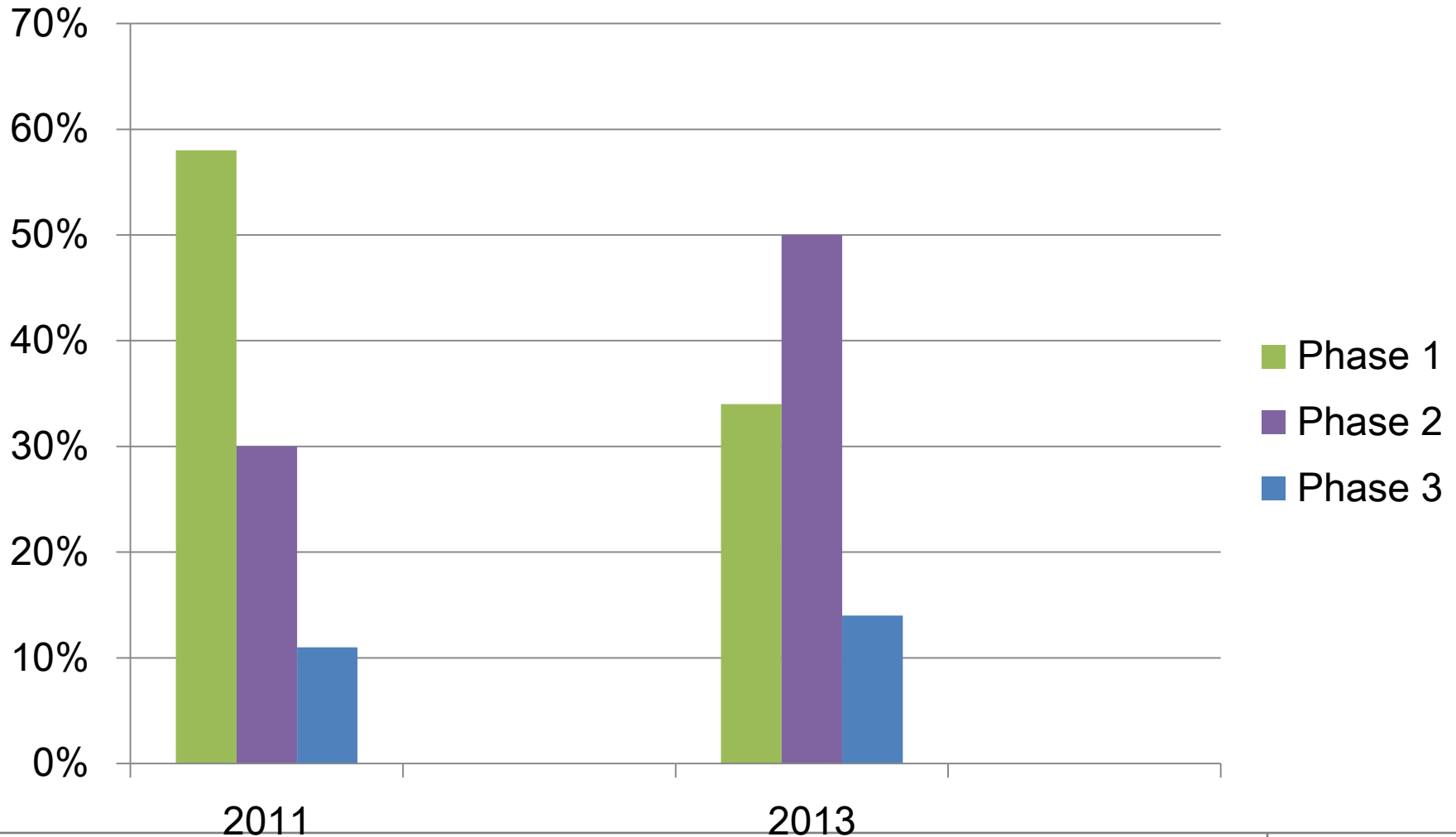
Evidence-based sex offender treatment offered in three phases:

Phase I:	focuses on control over sexual behavior and aggression and accountability for offenses
Phase II:	focuses on developing insight into risk factors and introducing positive goals for lifestyle change
Phase III:	focuses on transition back to the community

VCBR Participation Rate

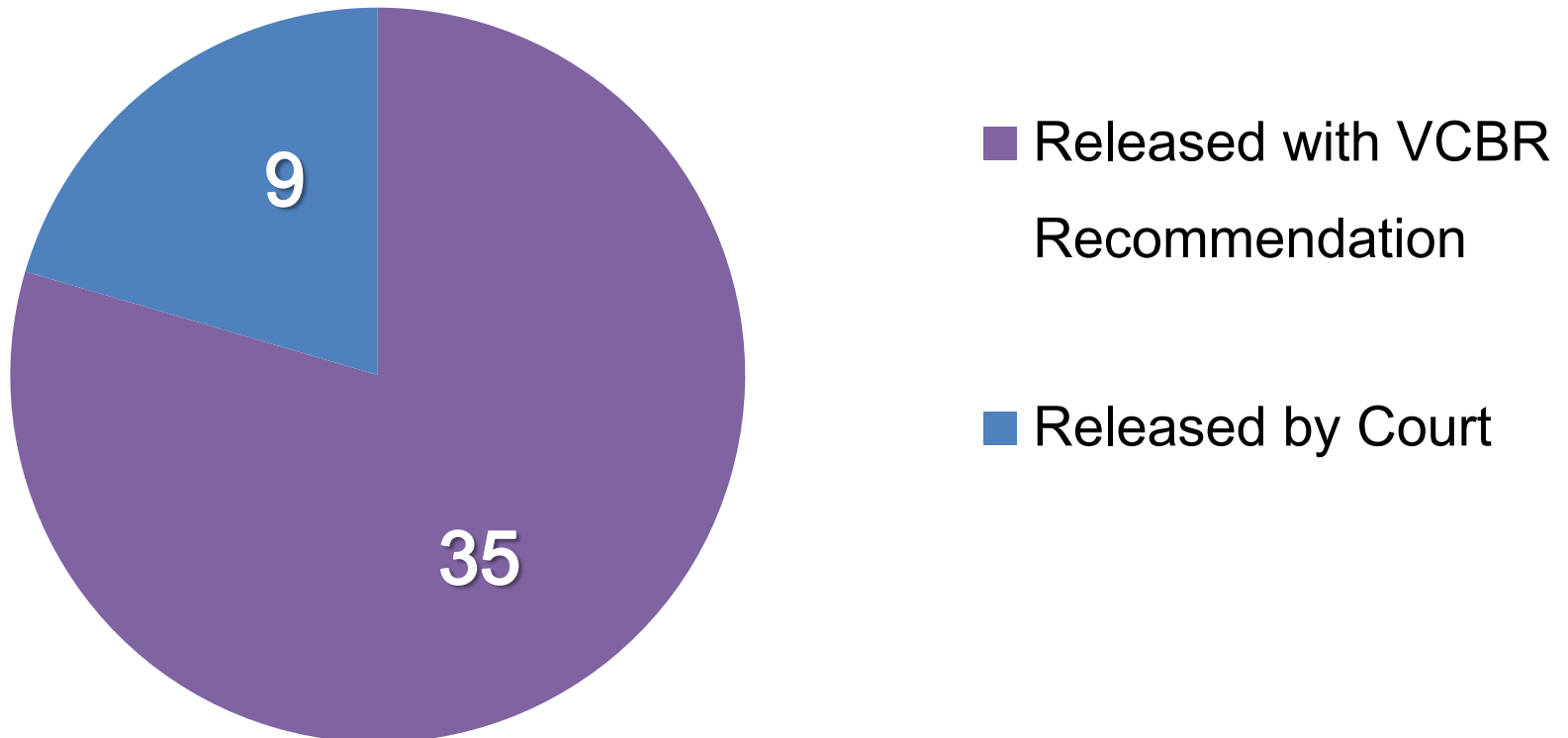


Progress of Residents Through the Phases of Treatment

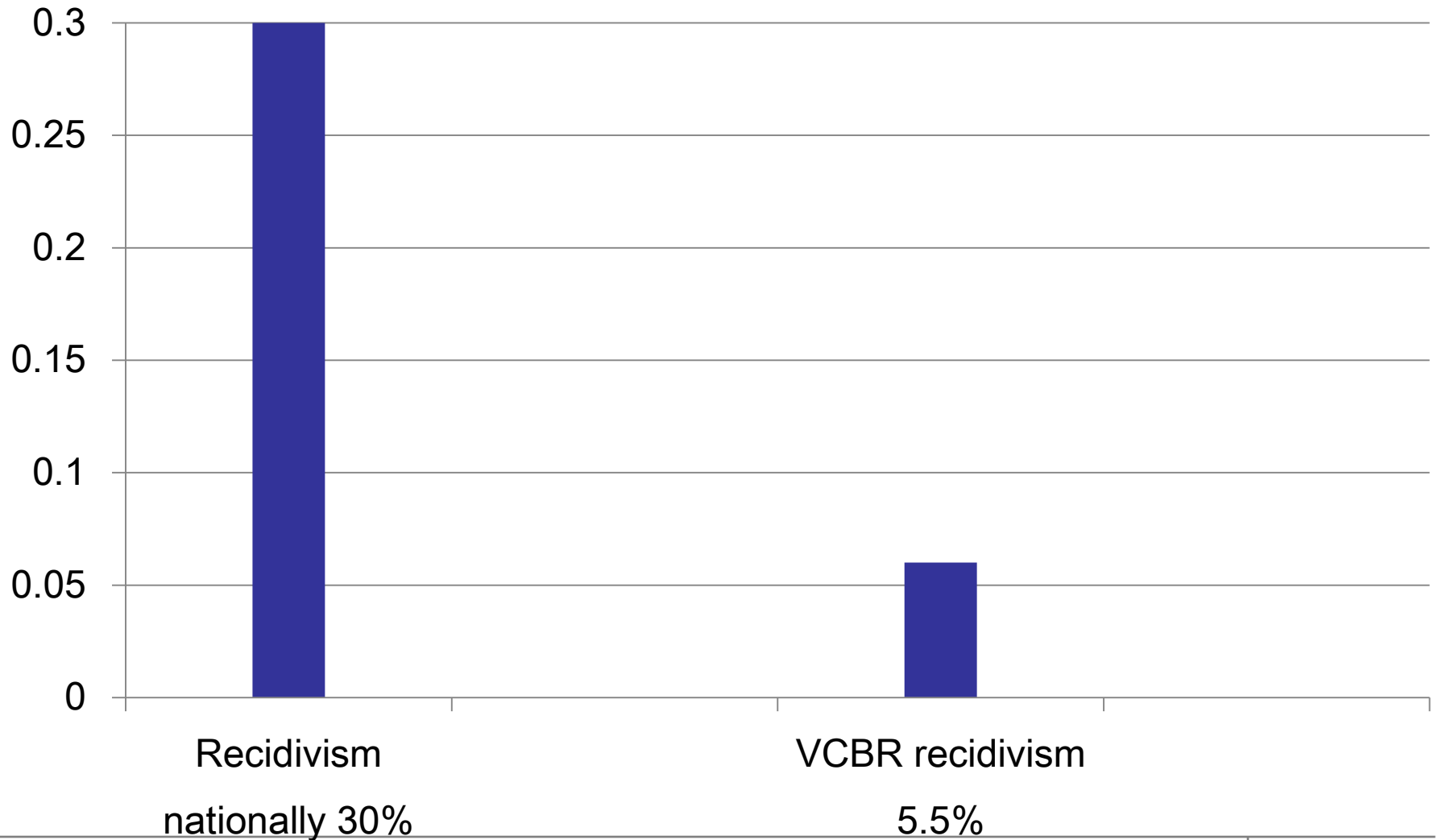


Conditional Releases from VCBR Since 2003

44 Conditional Releases



Recidivism



Program Improvements

Specific recent changes include:

- Revamped the program in 2011 - best practices
- Designated treatment hours/week
- Involved rehabilitation and occupational therapy
- Developing an internal work program
- Conducted an internal peer review audit of the program and the facility
- Expansion of food service to accommodate increased census.

VCBR Census and Budget

FY	Census	Budget
2011	275 (Actual)	\$ 24,368,148
2012	311 (Actual)	\$ 25,718,897
2013	339 (Forecast)	\$ 27,264,911
2014	386 (Forecast)	\$ 28,237,999

Cost Per Person Trend

FY	Per Diem Cost Per Resident
2011	\$ 243 (Actual)
2012	\$ 226 (Actual)
2013	\$ 220 (Forecast)
2014	\$ 200 (Forecast)

Recent PPEA Proposals

- DBHDS received an unsolicited proposal to operate VCBR and a subsequent competing proposal under Virginia's Public-Private Education and Infrastructure Act (PPEA).
- DBHDS conducted a full and thorough evaluation to determine if one of the two proposals should be accepted.
 - Worked with private consultants/experts to address JLARC issues and ensure the evaluation used detailed criteria in an objective manner.
 - Looked closely at facility operations, security, support services, treatment programs and proposed costs to operate the facility.
- Following this thorough evaluation, DBHDS found the existing operation is comparable to or better than the proposals and that at this time, there was not a long-term financial advantage to the Commonwealth to privatize VCBR.

VCBR Budget for FY13-14

Budget Item	FY 2013	FY2014
Food	\$ 2,334,660	\$ 2,422,238
Medical/Dental	\$ 2,832,510	\$ 2,929,819
Security	\$ 4,831,180	\$ 5,006,336
Pharmacy	\$ 1,000,000	\$ 1,038,924
Direct Care Services	\$10,765,540	\$11,145,044
All Other	\$ 5,501,021	\$ 5,695,638
Total	\$27,264,911	\$28,237,999

Census and Forecast

VCBR Census (January 10, 2013)

Actual in-house census at VCBR	299
Incarcerated outside VCBR	20
TOTAL	319

SVP Forecast for FY 2013 to FY 2018

	FY13	FY14	FY15	FY16	FY17	FY18
Projected VCBR Census	339	386	434	481	528	575
*Projected net monthly commitments to VCBR	3.75	3.92	4.00	3.92	3.92	3.92

*Note: Net projections factor in admissions and conditional releases

Double-Bunking

- Anticipating exceeding capacity at VCBR, the 2011 General Assembly directed DBHDS to prepare to double bunk half of its 300 rooms.
- Double-bunking increases VCBR's capacity to 450 beds.
- VCBR and DGS have converted all 150 required rooms to double-bunked.
- 32 double-bunked rooms are occupied.

Planning for Expanded Capacity

- New capacity will be needed by January 1, 2016 to meet census projections
- A formal planning process by DBHDS will now be required to prepare for expanded capacity
 - Size
 - Facility definition and function
 - Site consideration
 - Space program
 - Cost

Procurement Methods to be Considered

Four Procurement Methods Available:

1. Standard Design-Bid-Build
2. Design-Build
3. Construction Manager at Risk
4. Public-Private Education and Infrastructure Act (PPEA) with Design-Build Imbedded

2013 Legislative Request

- **HB 1751/SB1182:** Agency proposal to **add** to the list of occupations of individuals protected should an assault and battery occur while engaged in the performance of their duties (§18.2-57.)
- **Create a safer environment for staff**, and increase the department's ability to recruit staff.
- Provide appropriate recourse when any willful assaultive behavior occurs in a way that causes harm to staff.
- Governor's amendment to introduced budget: \$ 299,513.