



The Arc<sup>®</sup>

Virginia

# End the Wait

for *A Life Like Yours*

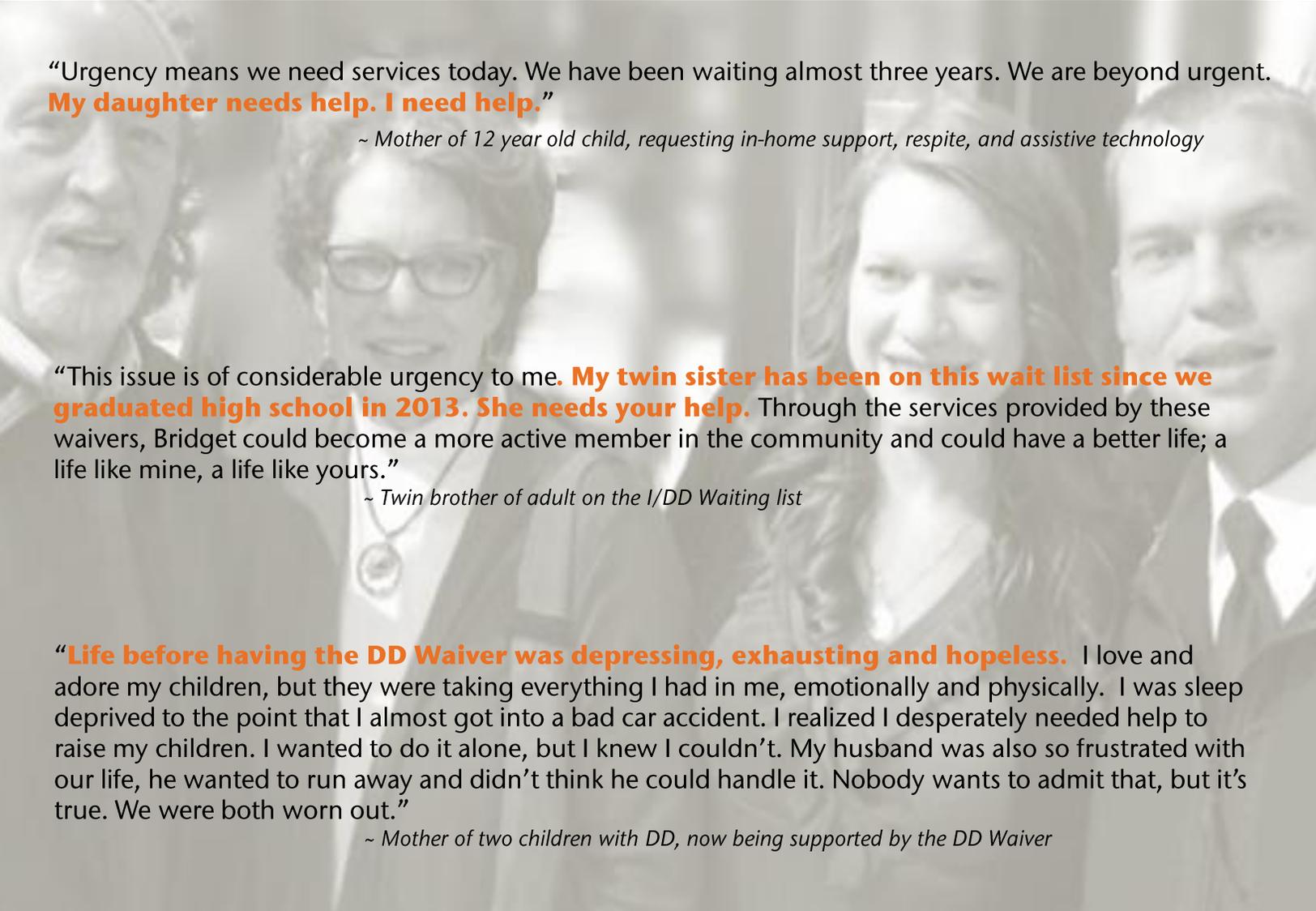


# Virginia's I/DD Waiver Waitlist Crisis

The waiting list is at an all time high.

# 10,356

individuals and their families are waiting.



“Urgency means we need services today. We have been waiting almost three years. We are beyond urgent. **My daughter needs help. I need help.**”

*~ Mother of 12 year old child, requesting in-home support, respite, and assistive technology*

“This issue is of considerable urgency to me. **My twin sister has been on this wait list since we graduated high school in 2013. She needs your help.** Through the services provided by these waivers, Bridget could become a more active member in the community and could have a better life; a life like mine, a life like yours.”

*~ Twin brother of adult on the I/DD Waiting list*

“**Life before having the DD Waiver was depressing, exhausting and hopeless.** I love and adore my children, but they were taking everything I had in me, emotionally and physically. I was sleep deprived to the point that I almost got into a bad car accident. I realized I desperately needed help to raise my children. I wanted to do it alone, but I knew I couldn't. My husband was also so frustrated with our life, he wanted to run away and didn't think he could handle it. Nobody wants to admit that, but it's true. We were both worn out.”

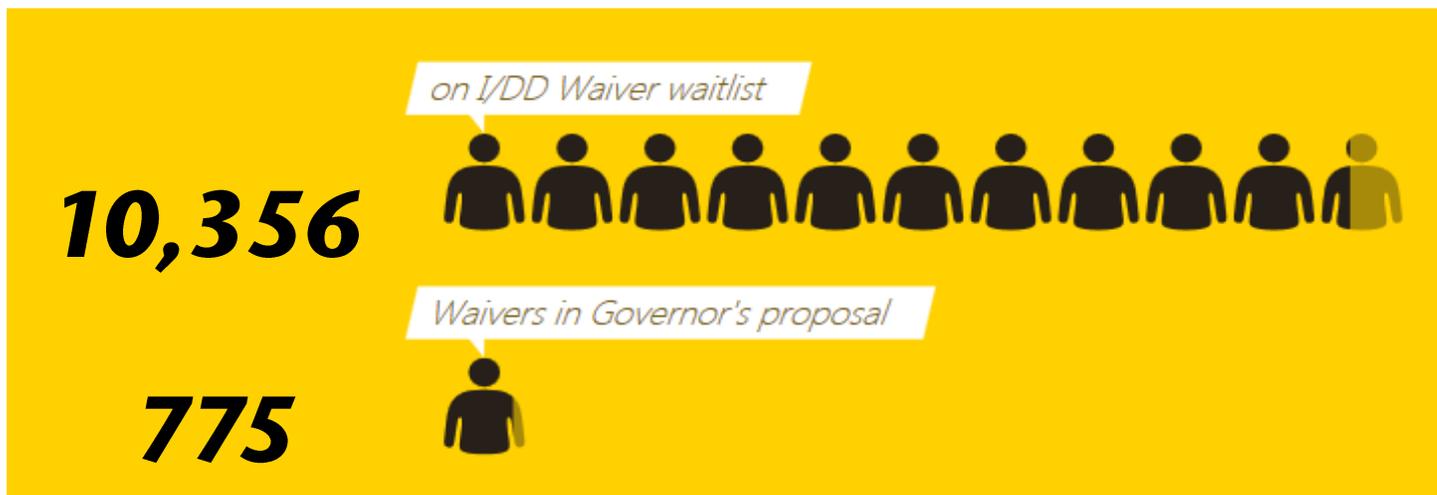
*~ Mother of two children with DD, now being supported by the DD Waiver*

# The Need to Allocate Waivers is Urgent

Urgent ID Waitlist: Primary Reason	Count
Primary caregiver 55 years of age or older	1,920
Primary caregiver can no longer care for person	262
Risk of abuse, neglect or exploitation	234
Primary caregiver has chronic or long term physical condition	782
Aging out of publicly funded residential placement	30
Risk of health or safety to others living in home due to person's behavior	1,084
Risk of health or safety to others living in home due to person's physical care needs	669
Other	51
Total Individuals on Urgent Waitlist	5,032

Source: Department of Behavioral Health and Developmental Services; August 2015

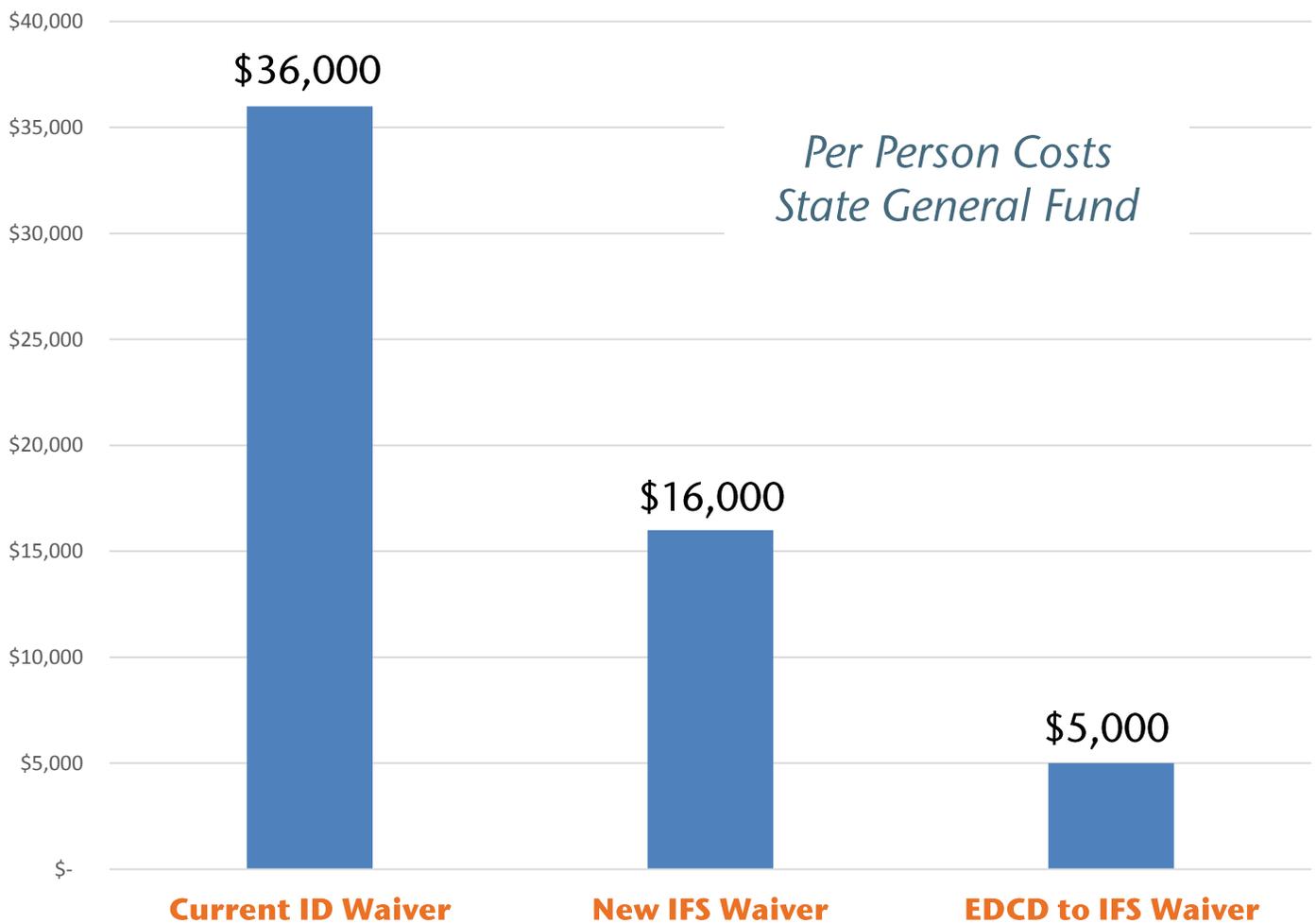
## More I/DD Waiver Slots are Needed



- The number of I/DD Waivers in the proposed budget is **grossly insufficient** to meet the Commonwealth's needs.
- If Virginia continues to provide only the minimum number of I/DD Waivers required by the DOJ agreement, **the waiting list will continue to grow.**
- The waiting list has grown from 7,300 in 2012 to 10,300 in 2015, and **if the General Assembly does not take further action, the waiting list will exceed 12,000 by the end of this biennium.**

# Cut the I/DD Waiver Waiting List in HALF this Budget

- Provide 800 IFS Waivers each fiscal year, at a modest \$16,000 SGF per person
- Transition 3,400 EDCD Waiver recipients who are on the I/DD Waiver waiting list into the IFS Waiver for the low cost of \$5,000 SGF per person

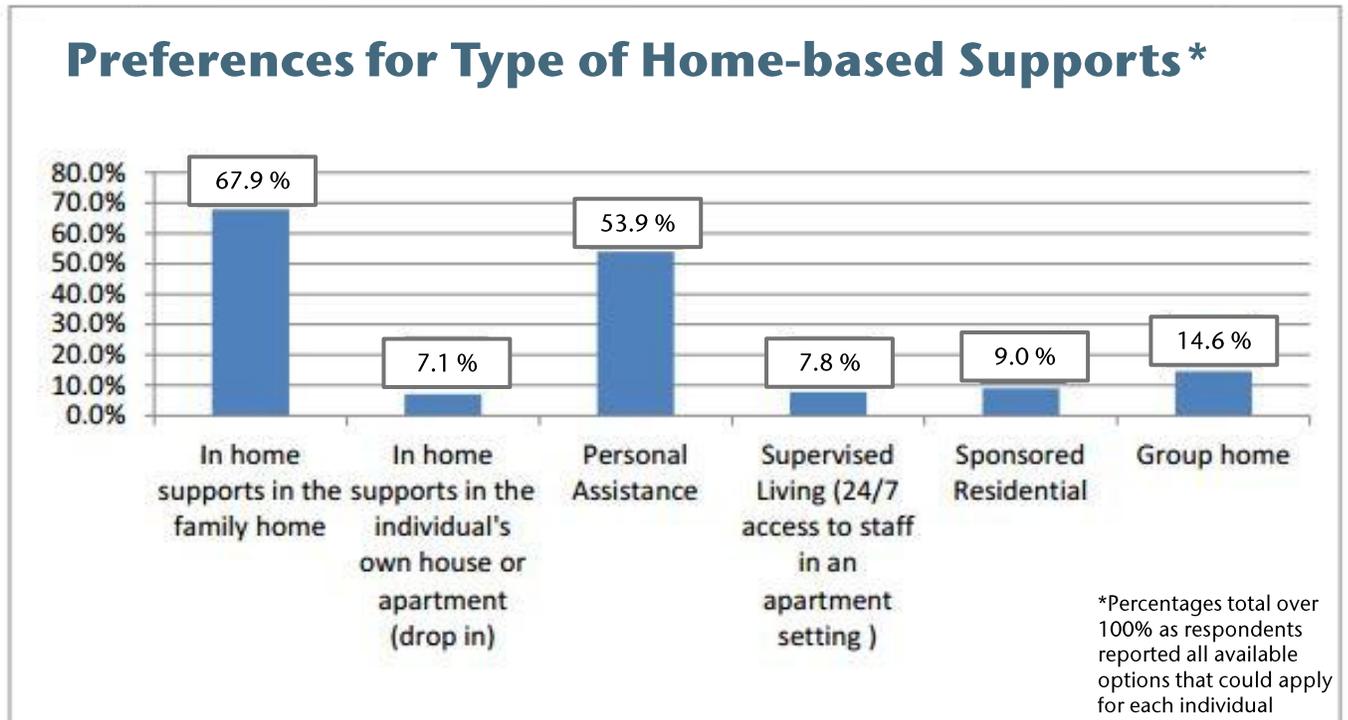


**The Individual and Family Support Waiver will Reduce Average Costs for New Participants by 50 Percent.**

**Since the majority of costs necessary to fund IFS Waivers for EDCD Waiver recipients are already in the Medicaid budget, only minimal investment is required for additional support needs.**

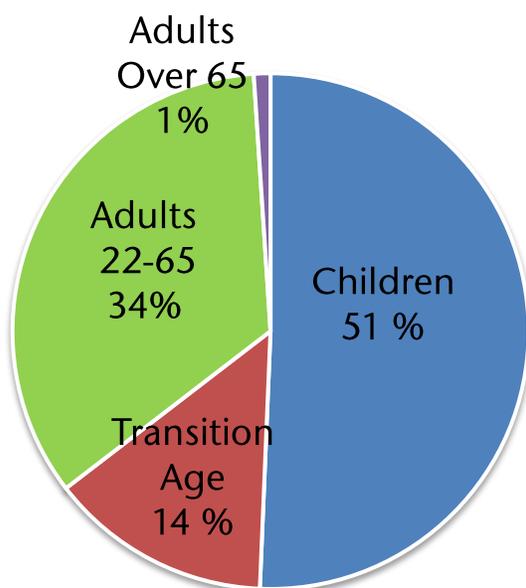
# Wait-listed families just need a little help.

More than 75 percent of individuals with I/DD and their families on the waiting list report that they do not need out-of-home congregate residential services (sponsored residential and group home). Rather, they want lower-cost in home supports.

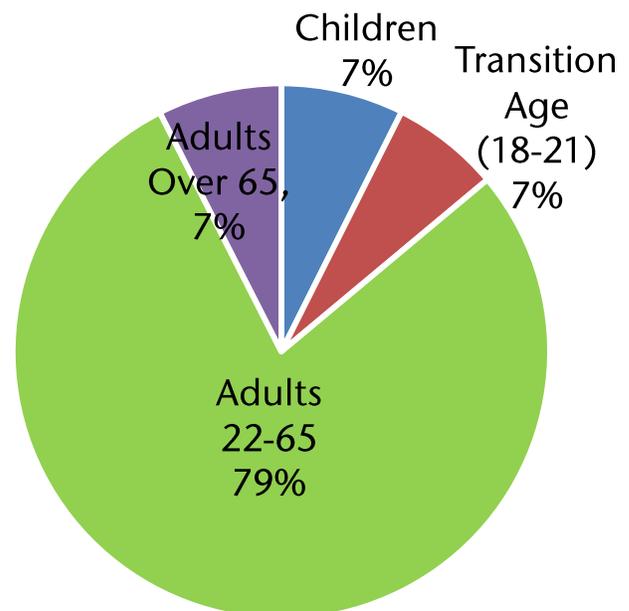


Source: The Department of Behavioral Health and Developmental Services, Report on the Waiting List, page 8, December 2015

**Now is the time to provide support.** The majority of people on the waiting list are children and transition-age youth. By providing Waivers now, the Commonwealth can prolong the family's ability to continue to provide care in the family home.



I/DD Waiver Waiting List  
(10,288)



I/DD Waiver  
(11,724)

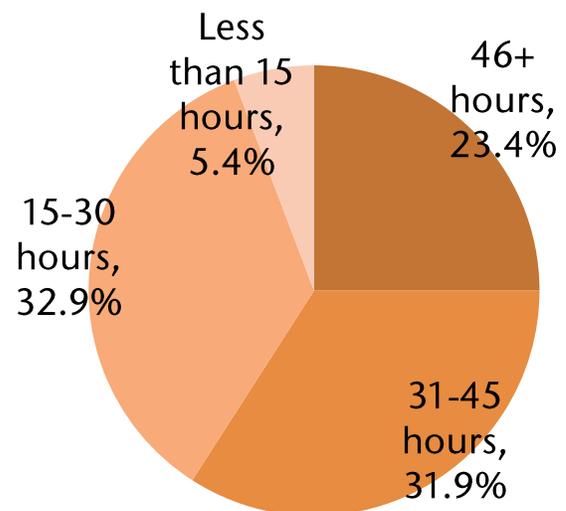
## Serving Waiting List Families Earlier is Good Fiscal Policy

If a family does not receive support until they are in crisis, it is likely they will need more expensive services (which may be up to 168 hours of support per week).



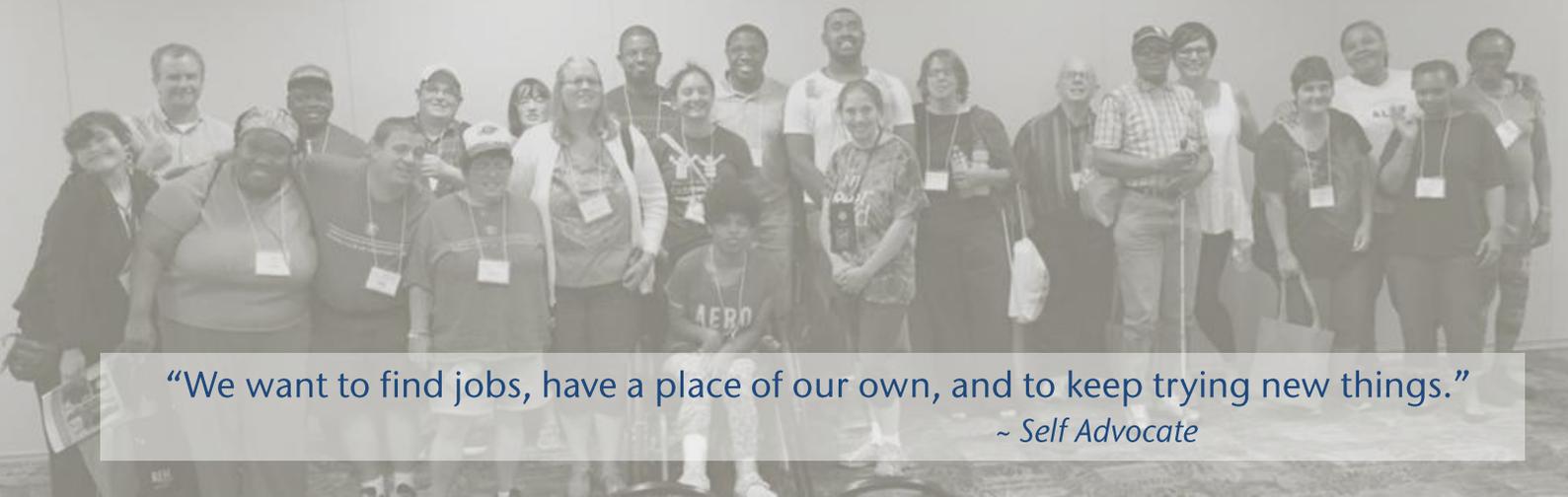
Early access to community supports decreases the long-term impact of the disability, reduces caregiver stress and lowers the lifetime costs of supporting the individual.

**More than 75%** of wait-listed individuals **require 45 hours or less of weekly support** and can be supported in their own home or family home.



Source: Department of Behavioral Health and Developmental Services, Report on the Waiting List, page 11, December 2015

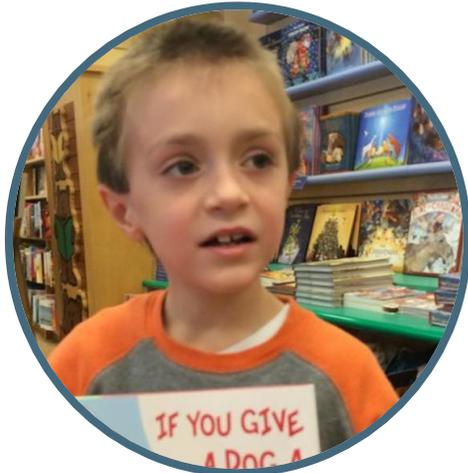
## People with I/DD Want to Be Independent



“We want to find jobs, have a place of our own, and to keep trying new things.”

~ Self Advocate

# An Issue that Affects Every Community



On average,  
**103 people with I/DD are waiting for services per House district.**

On average,  
**259 people with I/DD are waiting for services per Senate district.**

STATEWIDE ID WAITING LIST as of 12/31/2015			
CSB NAME	URGENT	NON URGENT	TOTAL PER CSB
ALEXANDRIA CSB	24	20	44
ALLEGHANY HIGHLANDS CSB	3	9	12
ARLINGTON MENTAL HEALTH	33	79	112
BLUE RIDGE CSB	123	159	282
CHESAPEAKE CSB	127	114	241
CHESTERFIELD CSB	339	246	585
CITY OF VA BEACH CSB	242	74	316
MHMRSAS			
COLONIAL BEHAVIORAL HEALTH	70	80	150
CROSSROADS CSB	65	28	93
CUMBERLAND MTN CSB	33	49	82
DANVILLE-PITTSYLVANIA CSB	144	57	201
DICKENSON COUNTY CSB	0	1	1
DISTRICT 19 CSB	50	47	97
EASTERN SHORE CSB	0	4	4
FAIRFAX FALLS CHURCH CSB	935	400	1335
GOOCHLAND POWHATAN MENTAL HLTH	8	19	27
HAMPTON-NN CSB	161	198	359
HANOVER COUNTY CSB	95	35	130
HARRISONBURG-ROCKINGHAM CSB	91	42	133
HENRICO CSB	200	232	432
HIGHLANDS CSB	19	53	72
HORIZON BEHAVIORAL HEALTH CSB	113	57	170
LOUDOUN COUNTY CSB	267	107	374
MIDDLE PENINSULA NECK CSB	85	10	95
MOUNT ROGERS CSB	53	51	104
NEW RIVER VALLEY CSB	171	47	218
NORFOLK CSB	157	101	258
NORTHWESTERN CSB	117	134	251
PIEDMONT CSB	92	25	117
PLANNING DISTRICT ONE CSB	40	21	61
PORTSMOUTH DEPT OF BEHAVIORAL	24	19	43
PRINCE WILLIAM COUNTY CSB	158	219	377
RAPPAHANNOCK AREA CSB	359	39	398
RAPPAHANNOCK RAPIDAN CSB	124	72	196
REGION TEN CSB	81	75	156
RICHMOND BHVRL HLTH AUTHORITY	167	169	336
ROCKBRIDGE AREA CSB	4	19	23
SOUTHSIDE CSB	9	12	21
VALLEY CSB	75	32	107
WESTERN TIDEWATER CSB	81	69	150
<b>GRAND TOTAL</b>	<b>4939</b>	<b>3224</b>	<b>8163</b>



**We call our movement ALLY: A Life Like Yours.** We believe people with intellectual and developmental disabilities (I/DD) should live a self-determined life with meaningful engagement in their communities, opportunities for gainful employment, and services that promote wellbeing.



Thank You for Supporting  
***A Life Like Yours.***

