

BIO for Tara Dall, MD

Chief Medical Officer

Health Diagnostic Laboratory, inc.

Tara Dall, MD graduated in the first class of Diplomates of the American Board of Clinical Lipidology. In 2007 her clinic achieved national recognition as the first fully certified Level II lipid clinic in the United States. She attended University of Wisconsin- Madison for undergraduate, medical school training, and family medicine residency. Entering private practice in 2001, she formed the Cholesterol & Lifestyle Center in 2006 with the goal of aggressive detection and treatment of atherosclerotic cardiovascular disease. In 2008 she formed Advanced Lipidology, Early Detection Center for Heart Disease and Diabetes.

She has a special interest in advanced biomarker testing and the role of insulin resistance in cardiovascular disease, women's heart disease, polycystic ovarian syndrome, and pediatric obesity. A published author in the field of lipidology, she has also been involved in CIMT research in collaboration with University of Wisconsin-Madison.

In 2010, she co-founded Lecturepad.org and CaseConsult.org to advance clinical understanding and application of advanced lipid and biomarker testing. She currently serves as Chief Medical Officer of Health Diagnostic Laboratory, Inc., while continuing to practice medicine in Wisconsin and serve as wife and mother of two.

She is sought after as a national and international speaker, well known for her passionate delivery of complex topics in simple terms. She has appeared on CNN Radio, Reach MD Satellite Radio, RadioHealth Journal, along with many local Milwaukee media outlets. She has been a keynote speaker for the American Heart Association Go Red For Women events. For several years she has been an executive board of the Midwest Lipid Association, serving as president elect 2011-2012