Family First Prevention Services Act and Implementation Updates

Carl Ayers
Director, VDSS Division of Family Services
Family First

Prevention Services

Foster Care Changes

Other Programmatic Changes

Strategic Priorities:
- Prevention Services
- Family-Based Placements
- Non Family-Based Placements
- Evidence-Based Services
- Resource and Financial Accountability
Our vision for Family First is to keep children safe, strengthen families and reduce the need for foster care whenever it is safe to do so.
Prevention Services
Prevention and Family First

- PRIMARY Prevention
- SECONDARY Prevention
- TERTIARY Prevention

- The CHILD & FAMILY
- Family First
IV-E
$210 million
50/50 match rate
(federal/state)

Children’s Services Act
$370 million
65/35 average match rate
(state/local)
A child (and their caregivers) who is a candidate for foster care who can remain safely at home or in a kinship home and is identified as being at imminent risk of entering foster care

A child in foster care who is pregnant or parenting

A child whose adoption or guardianship arrangement is at risk of a disruption/dissolution and includes post-reunification services

There is no income test for eligible children and families.
Mental Health Prevention and Treatment Services

Substance Use Disorder Prevention and Treatment Services

In-home Parent Skill-Based Programs

Trauma Informed and Evidence-Based Services
Well Supported (1)

- Improved outcome must be based on the results of at least 2 studies that used a random control or quasi-experimental trial
- Carried out in a usual care or practice setting
- Sustained effect for at least one year beyond the end of treatment

Supported (2)

- Improved outcome must be based on the results of at least one study that used a random control or quasi-experimental trial
- Carried out in a usual care of practice setting
- Sustained effect for at least 6 months beyond the end of treatment

Promising (3)

- Improved outcomes must be based on at least one study that uses some form of control group
Initial Services Under Review

**Mental Health Prevention Treatment Services**
- Parent-Child Interaction Therapy
- Trauma-Focused Cognitive Behavioral Therapy
- Multisystemic Therapy
- Functional Family Therapy

**Substance Use Disorder Prevention Treatment Services**
- Motivational Interviewing
- Multisystemic Therapy
- Families Facing the Future
- Methadone Maintenance Therapy

**In-Home Parent Skill-Based Programs**
- Nurse-Family Partnership
- Healthy Families America
- Parents as Teachers
Release of Clearinghouse Handbook of Standards and Procedures
April 2019

May 2019
Release of Program and Service Ratings of the Initial 11 evidence-based services

Late Spring-Summer 2019
Release of the next list of evidence-based services to be reviewed
Foster Care Program Changes
We believe that children do best when raised in families.

After a two-week grace period, Family First limits Title IV-E Maintenance Payments to the following placements types:

- Family and kinship foster homes
- Placements for pregnant or parenting youth
- Supervised independent living for youth 18+
- Qualified Residential Treatment Programs (QRTP) for youth with treatment needs
- High quality residential placements and support services for victims of sex trafficking
- Family-based residential treatment facility for substance abuse (beginning October 2018)
Qualified Residential Treatment Program (QRTP)
QRTP Requirements

30-day Assessment

60-day Court Review

12-month review by Commissioner

Reduce Congregate Care
Implementation
Public Law 115-123
DIVISION E—HEALTH AND HUMAN SERVICES EXTENDERS TITLE VII—FAMILY FIRST PREVENTION SERVICES ACT

Virginia Department of Social Services
(IV-E Funding Entity)

Virginia Office of Children’s Services
(State Foster Care Funding Sources)

Three Branch Leadership Team
(Judicial, Executive and Legislative Branches of Government)

Three Branch Home Team

Finance
Prevention Services
Appropriate Foster Care Placements
Evidence-Based Services

A Collaborative Approach to Implementation:

The Three Branch Model
<table>
<thead>
<tr>
<th>Prevention Services</th>
<th>Appropriate Foster Care Placements</th>
<th>Evidence-Based Services</th>
<th>Finance</th>
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<tbody>
<tr>
<td>- Recommendations on defining key terms</td>
<td>- Recommendations for QRTP Assessment</td>
<td>- Survey for EBS in Virginia</td>
<td>- Maintenance of Effort</td>
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<td>- Continuum of Prevention Services</td>
<td>- Defining Key terms for QRTP qualifications</td>
<td>- Collaboration with DMAS, DBHDS and DJJ</td>
<td>- Budget Implications</td>
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Moving Forward
<table>
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<tr>
<th>Prevention Services Workgroup</th>
<th>Appropriate Foster Care Placements Workgroup</th>
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<td>• Maximize and leverage CSA and Family First Funds (as well as other child serving agencies) to meet the diverse and complex needs of families</td>
<td>• Develop workflow recommendations for the judicial and Commissioner review requirements for a youth placed in a QRTP</td>
<td>• Analyze Prevention Services Clearinghouse Ranking how these might effect Virginia’s implementation of Family First.</td>
<td>• Recommending a fiscal auditing tool and process</td>
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<td>• Develop a long term vision for the prevention services continuum</td>
<td>• Develop strategies to increase foster homes with an emphasis on kinship homes</td>
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<td>• Recommendation for key terms: High quality Residential Placements and support services for victims of sex trafficking</td>
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System Transformation
Strengthening families by establishing a mandated prevention program and supporting the expansion of our foster care services continuum to meet the individual needs of foster youth and their families.
We are all working together

Family First State Collaborations

- DBHDS
- DMAS
- DJJ
- OCS
- VDH
“P. Out of this appropriation, $851,000 the second year from the general fund is provided for training, consultation and technical support, and licensing costs associated with establishing evidence-based programming as identified in the federal Family First Prevention Services Act (FFPSA) Evidence-Based Programs Clearinghouse.”
FY20 Appropriations

- Release of Clearinghouse
  - Initial release was scheduled for October 2018;
  - Expected May 2019

- Target Well-Supported Evidence Based Programs
  - Parent Child Interaction Therapy (PCIT)
  - Motivational Interviewing
  - Trauma Focused Cognitive Behavioral Therapy (TF-CBT)

- Provide Training/Certification Opportunities
  - Supporting public and private providers
Overarching System Priorities

Family First

- Evaluation
- Workforce
- Technology
- Training
- Foster Care Services Continuum
Priority #1

Evaluation

- Internal Workforce/Expertise and External Partners
- Monitoring of EBS
- Data Collection and Analysis of Prevention Services
Priority #2

Workforce

- Prevention
- Training
- IV-E Financial Accountability
- Foster Care LDSS
- Public Affairs Support
Priority #3

Technology

- OASIS/Mobile App/CC
- IT Systems/Data Collection
- IV-E Financial Accountability/Tracking
Priority #4

Training

- Provider EBP Training
- LDSS Prevention Continuum/Family First/In-home Cultural Shift
Priority #5

Foster Care Services Continuum

- Diligent Recruitment/Training
- Professional Foster Parents/EBS TFC Model
- QRTPs
Thank you!

Carl Ayers
carl.e.ayers@dss.virginia.gov

familyfirst@dss.virginia.gov

Family First Team
Elizabeth Lee – Project Manager
Laura Reed – Project Manager
Jim Fiske – Financial Consultant
Allyson Roberts – Change Management Consultant