

DBHDS

Virginia Department of
**Behavioral Health and
Developmental Services**

**Southeastern Virginia Training Center &
Central Virginia Training Center
Community Capital Updates**

House Appropriations Committee

September 21, 2009

James Reinhard, M.D.
Commissioner, DBHDS

SEVTC

General Assembly Directive

- Item 315.CC.1 of the 2009 Appropriation Act requires the Commissioner of the DBHDS to:
 - Establish a state and community planning team.
 - Develop a timeline to appropriately transition 88 state facility consumers beginning in fiscal year 2010 to community services in the locality of their residence prior to admission or the locality of their choice after discharge or to another state facility if individual assessments and service plans have been completed, appropriate community housing is available and consumer choice has been considered.

SEVTC

General Assembly Directive

- Item C-103.05. A. also requires DBHDS and DGS to rebuild and resize SEVTC to 75 beds beginning in fiscal year 2010:
 - DGS, with the cooperation and support of DBHDS shall rebuild and resize the Southeastern Virginia Training Center to a 75-bed facility to serve profound and severely disabled clients.
 - \$23,768,000 to Repair/Replace Southeastern Virginia Training Center.
 - DGS, with the cooperation and support of the DBHDS shall build, acquire, or renovate 12 community-based Intermediate Care Facilities (ICF-MR) and 6 MR Homes in Health Planning Region V.
 - Priority should be given to projects which can be completed on existing state-owned property within Health Planning Region V.
 - \$8,438,160 community capital construction.

Vision for Change

- Ensure individuals currently living at SEVTC transition to safe and high quality community settings that meet their care needs.
- Ensure CSBs can successfully operate community homes long-term (e.g. financially viable).
- Maximize cooperation with DGS, HPR-V CSBs, families, and VDH to ensure a smooth transition.
- Establish the new SEVTC as a regional safety net that provide intensive services.
- Complete project September 2011 and within budget.

Construction of SEVTC and Community Homes

April 2009:	Accepted unsolicited PPEA
July 17, 2009:	PPEA advertising period closed, two proposals for: <ul style="list-style-type: none"> -Rebuild and re-size current SEVTC at 75-beds -Construct 12 community ICF/MRs in HPR-V -Construct 6 waiver homes in HPR-V
Current:	DGS, DBHDS, and evaluation committee developing detailed construction requirements
Nov 2, 2009:	Part 2 - Detailed response from developers due
December 2009:	Select developer
Jan – May 2010:	Negotiate agreements, design phase
June 2010:	SEVTC construction begins
August 2010:	Community construction begins
Sept 2011:	Construction complete

Construction – Challenges

Community Homes:

- Operational start-up costs for ICFs
- Length of ICF certification process (VDH)
- Home locations
 - Some CSBs better equipped to operate community ICFs
 - May be smarter to place individuals from several CSBs in one CSB
- Optimizing state-owned land where possible
- Ensuring adequate community day support services

SEVTC Rebuild:

- Building to meet current needs and future needs for HPR-V
- Identifying who will remain at new 75-bed facility and who will transition to the community
- Limit admissions going forward (current census=150)

SEVTC Assessments and Choice

- Every individual living has SEVTC received a Supports Intensity Scale (SIS) assessment
 - SIS measures level of intensity of support
 - Virginia’s new uniform assessment instrument for all individuals living in training centers or receiving ID waiver services
- SIS and other tools such as individual service plans and medical history used to determine how many individuals require ICF or waiver home level of assistance
- Conducted “blind” review of individuals
 - No names, designations, or other identifying information

Review Process

- **Clinical Committee**
 - Composed of SEVTC and CSB ID staff
 - Use medical and behavioral data only to develop profiles of each person living at SEVTC
- **Selection Committee**
 - Composed of SEVTC and CSB ID staff
 - Blind review of clinical committee profiles
 - Use selection criteria
- **Oversight Committee**
 - SEVTC director, CSB executive directors, Central Office, parents, and another training center director
 - Review work of clinical and selection committee to ensure blind review and objective process

Use of Selection Criteria

- Recommendation for individuals to:
 - Continue to reside at SEVTC
 - Explore community ICF/MR
 - Explore waiver home options
- Committees will continue to meet to update needs assessments

Initial Snapshot of Individuals, Needs, and CSB Location

SEVTC SELECTION COMMITTEE OUTCOME (ROUND 1 – July 2009)				
CSB	SEVTC	C-ICF/MR	WAIVER/MFP	TOTAL
Chesapeake	6	3	3	12
Colonial	6	2	0	8
Eastern Shore	4	4	0	8
Hampton/Newport News	16	16	5	37
Middle Peninsula	0	4	1	5
Norfolk	12	12	5	29
Portsmouth	4	11	3	18
Virginia Beach	12	10	3	25
Western Tidewater	4	6	0	10
Other	1	0	2	3
TOTAL	65	68	22	155

Summary: SEVTC Project

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CVTC

General Assembly Directive

- Chapter 1 of the 2008 Acts of Assembly Special Session 1, and Item C-103.05. A. of the 2009 Appropriation Act require the Commissioner of the DBHDS to:
 - \$25,200,000 to Repair / Replace Central Virginia Training Center
 - \$10,311,840 to Construct Community Housing for Central Virginia

Vision for Change

- Renovate existing buildings at CVTC to create a therapeutic environment that meets building and life safety codes
- Ensure that CVTC operates as a cost-effective facility by consolidating the campus as the population reduces to 300
- Construct Community Housing to accommodate the individuals leaving the CVTC campus

Construction at CVTC

- June 23: Presented a ten year plan to CVTC outlining the renovation of existing buildings and consolidation of the campus
- Sept 16: Buildings 8 and 12 approved for bidding by DGS/BCOM
- October: Start design work for Buildings 9, 10 and 46
- November: Start renovation of Building 8 and Building 12
- June 2011: Complete renovation of Building 8 and Building 12
- Fall 2011: Start renovation of Buildings 9, 10 and 46

Construction of Community Homes

PPEA PROPOSALS

- August 6: Accepted unsolicited PPEA proposal to construct Community Housing for individuals from CVTC
- August 6: Solicited for competing PPEA proposals
- September 24: Competing PPEA proposals due
- November: Detailed proposals due from selected PPEA's
- Jan 2010: Final PPEA award made
- November - May 2010: Negotiate agreements, design phase
- Fall 2010: Start construction of Community Housing

CSB PROPOSALS

- August – October 2009: CSB's present business plans for the construction of Community Housing
- February 2010: Reimburse CSB's for the construction of Community Housing